

Physical Education Rationale

What, when, why and how we teach physical education at Collierley Primary School.

How do we teach physical education at Collierley Primary School?

Physical education is taught for one hour each week at Collierley Primary School. Physical education is timetabled for each class and remains consistent across the year. On the day they have physical education, children come into school in their PE kits. The reason behind this decision is for children to spend as much time as possible participating in high-quality physical education and reducing the time spent getting changed for PE – it also reduces the level of discomfort that children can feel as they become more body conscious and getting changed in front of each other.

PE is taught through the **Merton** scheme of work. Merton's scheme of work provides high quality planning across school. Merton's units progress through and between year groups, ensuring consistency and progress across school. The Merton PE scheme provides a wide range of physical education units and lessons that are engaging for children and support in the development of healthy, happy, physically literate children.

Assessment

The **Merton** scheme of work provides consistent assessment during (assessment for learning) and at the end (formative assessment) of each unit. This is key to ensuring that assessment is consistent across both units and year groups. This assessment is used to inform quality first teaching, focused support and support for LA and SEN.

Support for LA and SEN

Children working towards the expected standard, WTS, (based on Merton assessment) are given focused support during lessons by the class teacher, and/or teaching assistant. The aim of this support is to ensure that each child who is WTS can close the gap. However, we understand that some children may struggle to close the gap and therefore we focus on gross and fine motor skills across the curriculum such as in forest schools and handwriting sessions. This consistent focus supports children in developing their core strength, gross and fine motor skills, providing them with the opportunity to have the basic skills to catch up to expected standard in physical education.

Learn more, remember more

Vocabulary is key. Within Merton's lesson plans, key vocab is highlighted. This is used consistently across units and year groups, supporting children in learning more and remembering more.

EYFS

In early years foundation stage, children focus on physical education through their play. Children use the outdoor areas and climbing frames regularly, supporting them in the development of their core strength, gross and fine motor skills. Children focus on physical education every day in early years, play supports them in their understanding of themselves and their bodies. From January onwards in reception class, children begin formal physical education lessons, again, using the Merton scheme of work. These lessons are also an hour each week.

Physical activity

Physical activity is at the core of what we do. This is woven into our practice across the curriculum. Physical activity at Collierley includes: active maths, handwriting workouts, golden mile, outdoor play and learning, active after-school clubs and forest schools. Physical activity is paramount in our mission to develop holistic, healthy, happy children who engage with the entire broad and balanced curriculum.

Swimming

All children in key stage two participate in swimming each year. This is timetabled across the term. Year three and four have a full term each. This is to ensure they are water confident from a young age. Years five and six have a half-term each, using summer and autumn half terms to maximise participation.

Where children have an EHCP and specific physical needs, if appropriate, they access weekly swimming sessions from Y3 upwards. They also receive 1:1 support in the pool wherever appropriate

Covid-19 catch up

During lockdown, we invested in iMoves. This supported children in daily physical activity despite remote learning.

Upon return to school, we engaged **all** children in two hours of physical education rather than our normal offer of one hour.

Children who have missed out on swimming have been given extra focus and time in swimming after the pools reopened and lessons recommenced.

Profile of PE and sport

- High profile around school with cabinets and displays showing achievements.
- Children in assemblies demonstrate their achievements outside of school.

Intent

At Collierley Primary and Nursery School, we provide children with rigorous, consistent, weekly physical education lessons thereby ensuring children are physically literate and well developed in their fine and gross motor skills, coordination and fitness.

Implementation

- Golden Mile
- Merton PE Scheme
- Inter/Intra school sports competitions built into school calendar termly
- Swimming (Y3 upwards)
- Outward bound residential trips (Y6 and Y4)
- Forest Schools - one half term per year group for years 1 – 6. Children in early years have weekly forest school sessions.
- Local community club links
- Residential supporting children's resilience and independence
- OPaL
- Active 30 and active 60
- School sports premium increasing our school sport and physical activity provision
- After-school clubs

Impact

Children at Collierley are physically literate, fit, engaged, happy children who are well developed, physically and mentally resilient.